What Makes Porridge Yummy?

Science Experiment



Method

1. Arrange all of the resources on the table, ensuring that each child has their own bowl and spoon.
2. Ask the children some questions about why Goldilocks liked Baby Bear's porridge e.g. 'What makes good porridge? How do you know if the porridge is good or not?'
3. Agree on what makes good porridge, using words like 'tasty', 'yummy', 'nice', 'delicious' etc. Decide on what make 'bad' porridge e.g. 'too salty'.
4. Ask the children to make some different flavoured porridges and test them out.
5. Let the children explore the resources and make their mixtures - children may need extra bowls for new flavours of porridge.
6. After the children have finished making their porridges, encourage them to taste them and decide whether the porridge is tasty or not. Ask them what they have found out. Encourage language about how things tasted e.g. 'sweet' or 'salty'.

You will need:

Porridge (cooked and cooled, ready to eat)

A selection of foods to add to porridge e.g.

syrup

Marmite

fruit

ketchup

Spoons – 1 per child and 1 with each food item

Bowls - 1 per child and 1 with each food item, plus plenty of spares

