



Upcoming Events

INSET Days

1.9.20 18.12.20 4.1.21
7.6.21 21.7.21

Open

Close

Autumn Term 2020

Wed 2.9.20 Fri 23.10.20
Mon 2.11.20 Thu 17.12.20

Spring Term 2021

Tue 5.1.21 Fri 12.2.21
Mon 22.2.21 Fri 1.4.21

Summer Term 2021

Mon 19.4.21 Fri 28.5.21
Tue 8.6.21 Tue 20.7.21

Words from the Woods!

Friday 29th January 2021

Dear parents and carers,

I hope this letter greets you all safe and well. We seem to be in a good rhythm with regards to remote learning. It is good to see the majority of children participating in the learning that has been provided.

Please remember that if you are having any problems with remote learning, please make contact with your class teacher.

New families!

We would like to formally welcome two new families to Cadmore End! We have siblings Riley (year 4) and Stanley (year 2) and Ella (year 4). I am sure you will all be excited to meet them once we all return, however in the meantime, you will hopefully meet them during your next whole class ZOOM meeting.

Change 4 Life

If you would like some ideas on keeping your food bill down, Change 4 Life have created a web page with lots of easy, low-cost recipes for speedy lunchtimes!

<https://www.nhs.uk/change4life/recipes/lunch/cheap-lockdown-lunch-ideas>

Mental Health and Wellbeing

This past week, it has become increasingly noticeable that families are starting to feel the strain with lockdown. Rest assured,, this is unfortunately common during these extremely difficult times. Please remember, **WE ARE HERE FOR YOU ALL.**

Please make contact with your class teacher who will offer you support and reassurance.

I have been sent this pdf called Feeling Good: Promoting children's mental Health http://www.cadmoreendschool.org/website/covid-19_/471161

It has some useful advice and activities. Please take a look. It is at the top of the page so that you don't have to go rooting for it!



Competition time!

Well done for entering into our first competition. As you can see (at the bottom of this newsletter) the photos were fantastic. It did help that it snowed!

I left the judging to the staff. They did not know who took the photos; all they were given was the photo and a number!

The winner for our first competition was Sarah! She has won a £5 Amazon eGift Voucher!

Our next competition has been set by Mrs Hazell.

Dear children,

Can you write a story or a poem about nature?

All that we ask is that it is your own work (no help from older siblings or adults)!

We have three entry groups: EYFS, KS1 and KS2

We will be judging on effort. Will your work be the best you have ever produced?

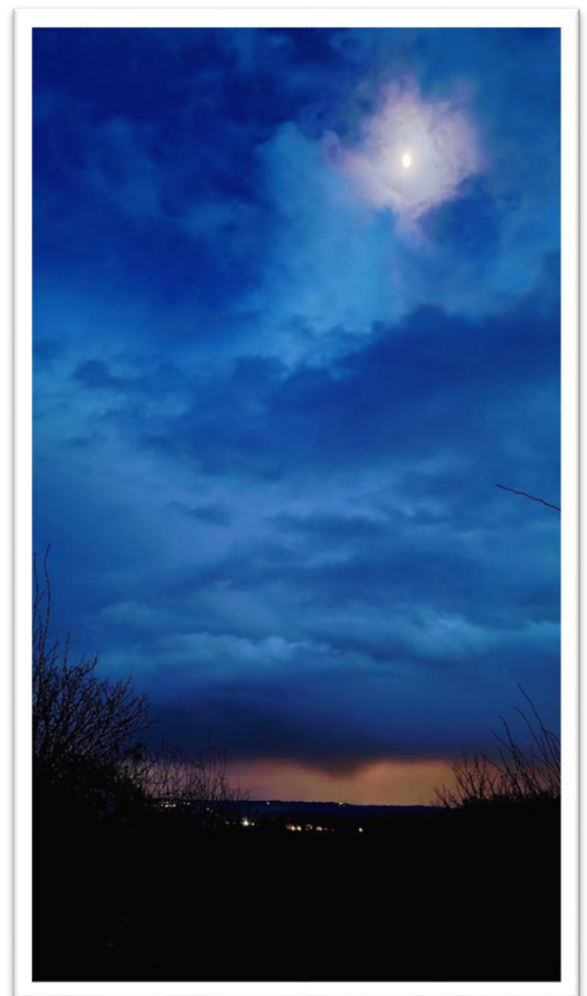
Mrs Hazell

All entries must be in by Wednesday 10th February. Winners will be announced in our next newsletter.

Wishing you all the best. Keep safe and stay in touch.

Mrs Groom

Headteacher



Forest School Challenge

Can you make a rain gauge?



- Cut the top off a large clear bottle
- Fill the bottle with pebbles (to stop it blowing over)
- Mark your measurements starting at 0 at the top of the pebbles (fill the bottle to the 0 mark)
- Put the top of the bottle into the base to act as a funnel

You could create a Talley chart to record the rainfall in your garden & recycle the water to feed your house



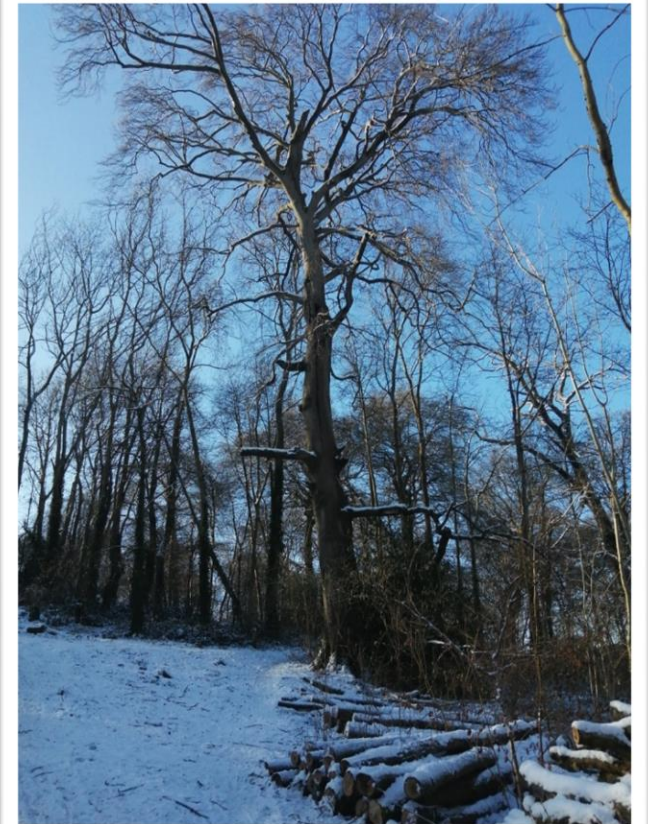
By Hendrik



By Sophie W



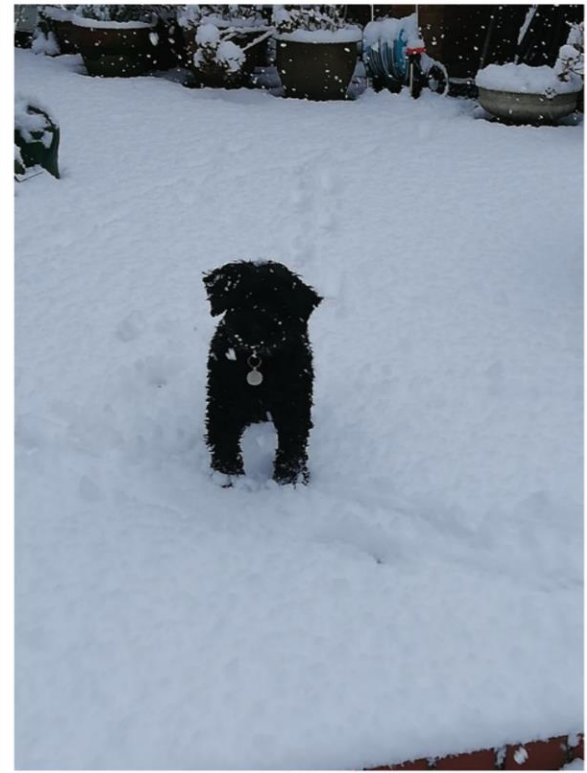
By Jenni



By Edward



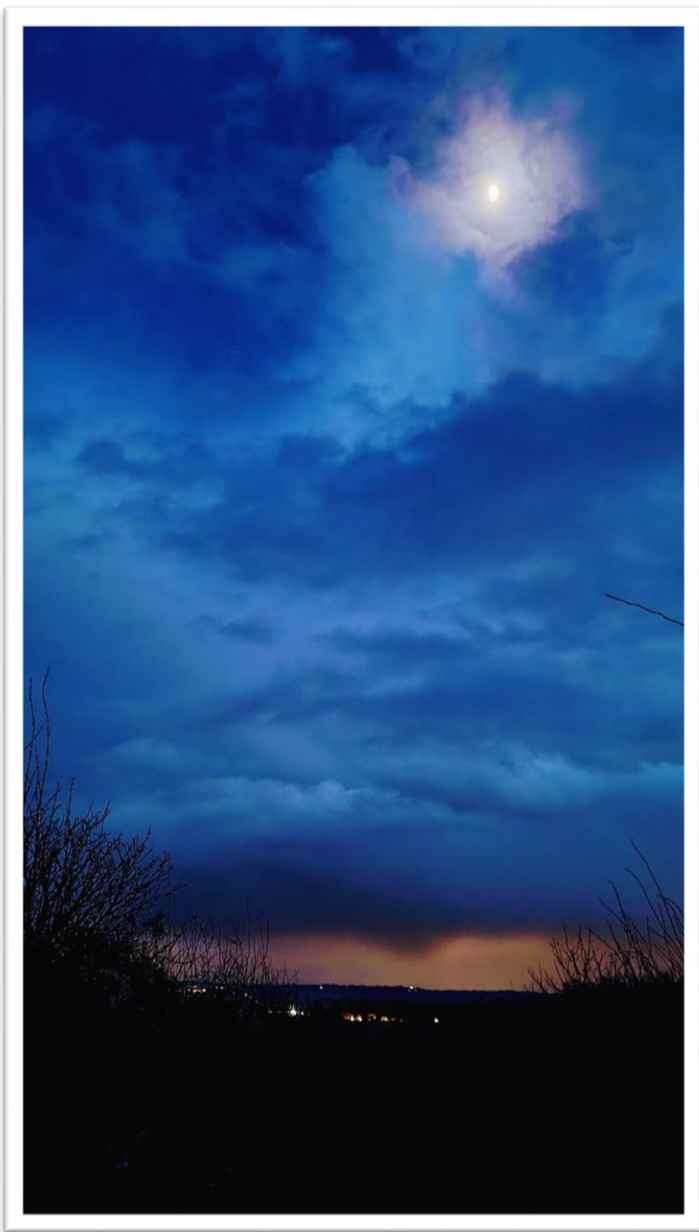
By Ella C



By Chloe



By Matthew



By Sarah



By Melanie



By Mrs Leigh